



# St. Brigid

February 1

## Who was St. Brigid?

The Feast Day of St. Brigid is celebrated on February 1 in the liturgical calendar of the Catholic Church. St. Brigid, also known as Brigid of Kildare, was a prominent figure in Irish religious history and folklore. Her dedication to the Christian faith marks her legacy, her founding of several monastic communities and her legendary miracles.

Brigid was born in Faughart near Dundalk, Ireland, in 451. She was raised by her father, Dubhthach, a pagan and her mother, Brocca, a slave and a Christian. Brigid was also considered a slave and endured mistreatment from her owners. Despite her upbringing, she was known to be extraordinarily kind and generous to others. One of the earliest stories from her childhood recounted Brigid giving away her mother's entire supply of butter to someone in need and then praying to God to replenish it for her mother. In response to her prayers, butter miraculously appeared.

St. Brigid founded many convents and monasteries across Ireland; the most famous was in Kildare, which became a centre of religion and learning nationwide. St. Brigid acquired this land by asking the King of Leinster for "as much as my cloak will cover." Seeing that her cloak was very small, the King mockingly agreed. St. Brigid spread her cloak on the ground and asked her four friends to hold a corner of the cloak and walk in opposite directions. The cloak grew and immediately began to cover acres of land. Astonished by what he witnessed, the King realized St. Brigid was blessed by God.

The Feast Day of St. Brigid is celebrated as a tribute to her exemplary life and dedication to the Church. She was considered one of the pillars of faith in Ireland. She was a determined and faithful Catholic who helped found convents and monasteries. She performed many miracles throughout her life and her compassion and love for the poor and sick were beyond comparison.

[St. Brigid CES Website](#)

[St. Mark's Catholic Church Parish Website](#)



## Quotes

*"Christ dwells in every creature."*

- St. Brigid of Kildare

*"Bless every fireside, every wall and door. Bless every heart that beats beneath its roof. Bless every hand that toils to bring its joy. Bless every foot that walks portals through."*

- St. Brigid Blessing

*"You are My Mother, the Mother of Mercy, and the consolation of the souls in Purgatory."*

- St. Brigid of Kildare

## Prayer

In the name of the Father, and of the Son and of the Holy Spirit;

Dear St. Brigid,  
we turn to you for your guidance and strength  
as we face our struggles.

We ask that you help us to persevere  
and to remain determined in the face of adversity.  
We know that you faced many challenges in your life,  
yet you remained committed to your faith and mission,  
and we ask that you help us to do the same.

We pray that you will give us the strength and courage to continue on our path,  
even when things seem impossible.

We thank you for your perseverance and determination  
and ask that you grant us the grace to follow your example.

Amen.

## Patron Saint

Newborns and  
Young Children

Healing and Fertility

Childbirth &  
Midwives,

Protection from  
House Fires and  
Hunger

Wells and  
Waterways





## York Catholic District School Board



FEAST DAY:  
February 1

SCHOOL LOCATION:  
Stouffville, ON

*"I would like the angels of Heaven to be among us. I would like an abundance of peace."*

-St. Brigid

# St. Brigid

### PATRON SAINT OF:

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- Protection from House Fires
- Protection from Hunger
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